

Elementary



Meals for Washington Students
HB1238

**All Elementary
students can eat
breakfast and lunch
for FREE.**

Ala Carte Milk is \$.50

Available Daily

Garden Bar

Vegetables offered may include:
Carrots
Broccoli
Cucumbers
Cauliflower,
Celery
Variety of mixed greens.

Fruit offered may include:

Apples
Oranges
bananas,
peaches
Pears
Strawberries
Applesauce
Pineapple
Grapes

WG = Whole Grain



Wednesday Sept 30

Breakfast
WG Breakfast
Burrito

Cheeseburger
Fries/Tots
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate
Milk

LATE ARRIVAL

Thursday, Oct. 1

Breakfast
WG Breakfast Bread

Cheesesticks
w/Marinara Sauce
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate
Milk

Friday, Oct. 2

Breakfast
Mystery Breakfast

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate
Milk



Monday, Oct. 5

**WAIVER
DAY**

**NO SCHOOL
FOR
STUDENTS**

Tuesday, Oct. 6

Breakfast
WG Granola Bar

Chicken Nuggets
WG Cracker

Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate
Milk

Wednesday, Oct. 7

Breakfast
WG B'fst Pizza

Taste of
Washington Day
Blueberry & Yogurt
Parfait w/ Granola

Fruit & Veggie Bar
Bellwood Apples
1% Skim Milk
Not-Fat Chocolate
Milk



LATE ARRIVAL

Thursday, Oct. 8

Breakfast
WG Breakfast Bread

Macaroni & Cheese
w/ WG Roll

Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate
Milk

Friday, Oct. 9

Breakfast
WG Breakfast Bageler

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate
Milk

**Menus will be subject to
change without notice.
Sorry for the inconvenience!**



**This institution is an equal
opportunity provider.**



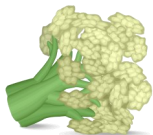
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HARVEST OF THE MONTH

Broccoli



Cauliflower



**SERVED ON
OCTOBER 22**

Monday, Oct. 12

Breakfast
WG Granola Bar

WG Corn Dog

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

Tuesday, Oct. 13

Breakfast
WG Muffin

Chicken Burger
Fries/Tots

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

Wed., Oct. 14

Breakfast
WG Egg &
Hashbrown

Totchos
Tots w/ cheese
and taco meat
Corn & Bean Salsa

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

Thursday, Oct. 15

Breakfast
WG Breakfast Bread

Drumstick &
Potato Wedges
w/roll

Fruit & Veggie Bar
1% Skim Milk
N/F Chocolate Milk

Friday, Oct. 16

Breakfast
WG French Toast &
Sausage

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggie Bar
Garbanzo Beans
1% Skim Milk
Not-Fat Chocolate Milk

Monday, Oct. 19

Breakfast
WG Benefit Bar

Chicken Nuggets
Goldfish Crackers

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

Tuesday, Oct. 20

Breakfast
WG Cinnamon Cake

WORLD SERIES
Homerun Hot Dog
Slider Spuds
Victory Veggies
Fun Fruit
MOJO Milk



Wed. Oct. 21

Breakfast
WG Breakfast Pizza

Soft Taco
Corn & Bean Salsa

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

LATE ARRIVAL

Thursday, Oct. 22

Breakfast
WG Breakfast Bread

Beef Dippers
Smiles & roll
Broccoli/Cauliflower

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

Harvest of the Month
Broccoli & Cauliflower

Friday, Oct. 23

Breakfast
Mystery Breakfast

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

Monday, Oct. 26

Breakfast
WG Asst Cereal

WG Corn Dog

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk



Tuesday, Oct. 27

Breakfast
WG Pancake on a
Stick

"Orange Day"
Orange Chicken
w/ Rice
Manadrin Oranges
Oranges
Carrots

1% Skim Milk
Not-Fat Chocolate Milk

Wed., Oct. 28

Breakfast
WG B'fst Sandwich

Nachos
w/ cheese sauce
and taco meat
Corn & Bean Salsa

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk

LATE ARRIVAL

Thursday, Oct 29

Breakfast
WG Mini Cini

Spider Web Waffle
Egg/Sausage

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk



Friday, Oct. 30

Breakfast
WG Pumpkin Bread

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggie Bar
1% Skim Milk
Not-Fat Chocolate Milk