

WELCOME BACK TO SCHOOL

Lynden Elementary Menu September 2026

Meals For Washington Students

House Bill 1238

All elementary students eat
breakfast and lunch
at



NO CHARGE



Fruits and Vegetables
are available daily

Veggies offered may include:
Broccoli, Cauliflower, Carrots,
Cucumbers, Celery and
Mixed Greens, Legumes
Corn & Bean Salsa



Fruit offered may include:
Peaches, Pears, Apples,
Oranges, Bananas, Applesauce,
Strawberries, Blueberries
Applesauce

MENU SUBJECT TO CHANGE

This Institution is an equal opportunity
provider and employer.

Monday Aug 31

Breakfast
WG Benefit Bar

Chicken Nuggets
WG cracker

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Tuesday, Sept 1

Breakfast
WG muffin

Nachos

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Wed, Sept 2

Breakfast
WG Mini Waffles

Cheeseburger
w/ fries or tots

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Thurs., Sept 3

Breakfast
WG Breakfast Bread

PBJ Pocket
WG Cracker/
String Cheese

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Friday, Sept 4

Breakfast
WG Poptart

WG Cheese Pizza
WG Pepperoni Pizza

Fruit/Veggies
1% White Milk
N/F Chocolate Milk



No School

Tuesday, Sept 8

Breakfast
Asst WG Cereal
w/ string cheese

Soft Tacos

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Wednesday, Sept 9

Breakfast
Egg & Hashbrown

Chicken Burgers
w/fries or tots

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Thursday, Sept 10

Breakfast
WG Breakfast Bread

Hot Dog
w/ Sun Chips

Fruit/Veggies
1% White Milk
N/F Chocolate Milk



Friday, Sept 11

Breakfast
WG Pancake on a Stick

WG Cheese Pizza
WG Pepperoni Pizza

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

MEAL APPLICATIONS

- ♦ A new application needs to be filled out every school year for families who qualify.
- ♦ This information will ensure the Meals for Washington will continue next year.
- ♦ One application can be filled out for all children in your household.
- ♦ Please turn in ASAP to get your child qualified
- ♦ Applications are available at all school offices, district office or online. Please return to your child's school office.

Monday, Sept 14

Breakfast
WG Benefit Bar

Chicken Nuggets
WG Goldfish

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Tuesday, Sept 15

Breakfast
WG Frudel

Taco Salad

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Wed., Sept 16

Breakfast
WG Breakfast
Sandwich

Cheeseburger
Fries/Tots

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Thurs. Sept 17

Breakfast
WG Breakfast Bread

Brunch Lunch

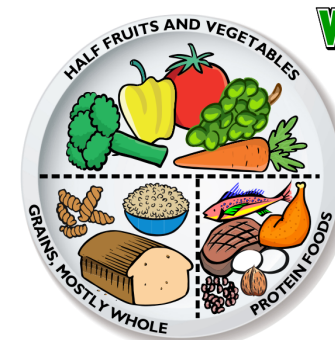
Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Friday, Sept 18

Breakfast
WG Maple Bar

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk



What's on
YOUR
plate?



Monday, Sept 21

Breakfast
WG Granola Bar

Corn Dog

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Tuesday, Sept 22

Breakfast
WG Cinnamon Bun

Totchos

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Wed., Sept 23

Breakfast
WG Breakfast Pizza

Chicken Burger
Fries/Tots

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Thurs., Sept 24

Breakfast
WG Breakfast Bread

Beef Dippers
Smiles

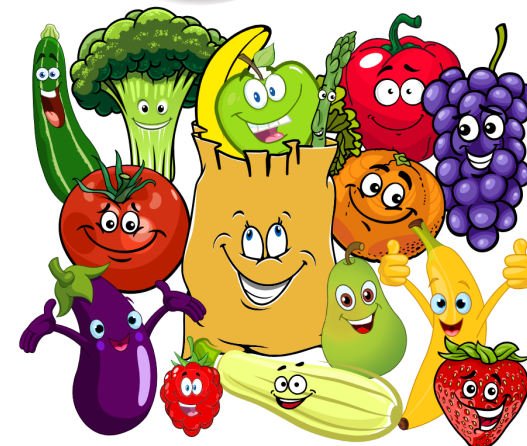
Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Friday, Sept 25

Breakfast
WG Mini Pancakes

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk



Try to eat a
RAINBOW
of different colors!

Monday, Sept 28

Breakfast
WG Benefit Bar

Chicken Nuggets
WG Crackers

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Tuesday, Sept 29

Breakfast
WG Muffin

Soft Taco

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Wed, Sept 30

Breakfast
WG Breakfast
Burrito

Cheeseburger
Fries/Tots

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Thurs., Oct 1

Breakfast
WG Breakfast Bread

Cheese Sticks
w/marinera sauce

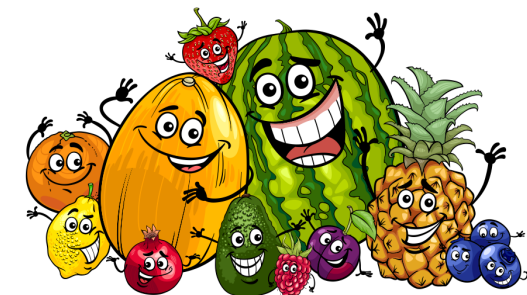
Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk

Friday, Oct 2

Breakfast
Mystery Breakfast

WG Cheese Pizza
WG Pepperoni Pizza

Fruit & Veggies
1% Milk or
Non-Fat Chocolate
Milk



Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html