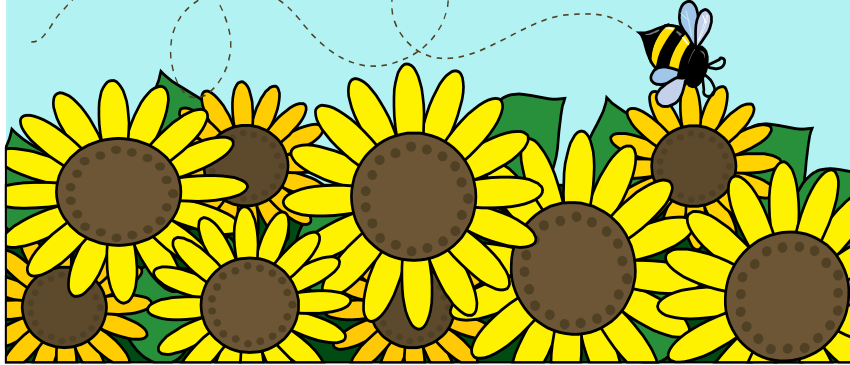


September 2026

Middle School Menu



MEAL APPLICATIONS

- ♦ A new application needs to be filled out each school year.
- ♦ One application per family.
- ♦ Please turn in ASAP to get your child qualified.
- ♦ Applications are available online, in any school office and District Office.
- Those approved may qualify for other benefits.

Questions:
Call 360-354-7579



Monday, Aug. 31

Chicken Nuggets
Pizza Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Tuesday, Sept. 1

Fiesta Bar
Pizza Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Wed., Sept. 2

Rice Bowl
Burger Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Thurs., Sept 3

Spud Bowl
Pizza Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Friday, Sept. 4

Totchos
Burger Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk



Veggies offered may include:
Broccoli, Cauliflower, Carrots,
Cucumbers, Celery and
Mixed Greens, Legumes



Fruit offered may include:
Peaches, Pears, Apples,
Oranges, Bananas, Applesauce,
Strawberries, Blueberries
Applesauce

Deli Choices:
Assorted Salads,
Assorted Wraps,
Bagel Bag, Bento Box,
PBJ Bag, Yogurt Parfait

MENU SUBJECT TO CHANGE
This institution is an equal
opportunity provider and employer



No School

Tuesday, Sept. 8

Fiesta Bar
Pizza Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Wed., Sept. 9

Pasta Bar
Burger Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Thurs, Sept. 10

Spud Bowl
Pizza Bar
Sub Sandwich Bar
Deli Choices

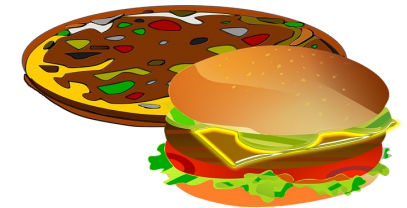
Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Friday, Sept. 11

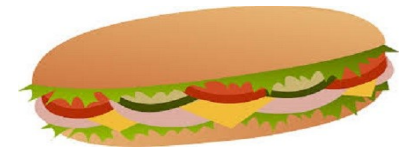
Rodeo Burger
Burger Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Monday, Sept. 14	Tuesday, Sept. 15	Wed., Sept. 16	Thursday, Sept. 17	Friday, Sept. 18
Chicken Nuggets Pizza Bar Sub Sandwich Bar Deli Choices	Fiesta Bar Pizza Bar Sub Sandwich Bar Deli Choices	Pasta Bar Burger Bar Sub Sandwich Bar Deli Choices	Spud Bowl Pizza Bar Sub Sandwich Bar Deli Choices	Hot Dog Bar Burger Bar Sub Sandwich Bar Deli Choices
Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk LATE START	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk



Sub Sandwich Bar Made To Order



Monday, Sept. 21	Tuesday, Sept. 22	Wed., Sept. 23	Thursday, Sept. 24	Friday, Sept. 25
Corn Dogs Pizza Bar Sub Sandwich Bar Deli Choices	Fiesta Bar Pizza Bar Sub Sandwich Bar Deli Choices	Rice Bowl Burger Bar Sub Sandwich Bar Deli Choices	Spud Bowl Pizza Bar Sub Sandwich Bar Deli Choices	Brunch Lunch Burger Bar Sub Sandwich Bar Deli Choices
Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk LATE START	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk

Choice of the following on a whole grain hoagie:

Monday, Sept. 28	Tuesday, Sept. 29	Wed., Sept. 30	Thursday, Oct 1	Friday, Oct 2
Chicken Nuggets Pizza Bar Sub Sandwich Bar Deli Choices	Fiesta Bar Pizza Bar Sub Sandwich Bar Deli Choices	Pasta Bar Burger Bar Sub Sandwich Bar Deli Choices	Spud Bowl Pizza Bar Sub Sandwich Bar Deli Choices	Parmesan Chicken Sandwich Burger Bar Sub Sandwich Bar Deli Choices
Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk LATE START	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk	Fruit & Veggies Bar 1% White Milk Non-Fat Chocolate Milk

- Turkey/Ham
- Cheeses
- Lettuce
- Tomatoes
- Onions
- Peppers
- Olives

