

January 2026 Middle School



Did you Know ?

- Applications for free or reduced can be filled out anytime during the school year if approved you may receive other benefits.
- Applications are available on our district website or in all school offices.
- Breakfast is served daily at all schools.
- www.mymealtime.com for online deposits for student's accounts if needing student's ID# call Narlene VanBeek (360)354-7579

Monday, Jan 5

**Chicken Nuggets
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Tuesday, Jan 6

**Pasta Bar
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Wednesday, Jan 7

**Fiesta Bar
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Late Arrival

Thursday, Jan 8

**Spud Bowl
w/ WG Rolls
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Friday, Jan 9

**Hot Dogs
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Monday, Jan 12

**Corn Dog
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Tuesday, Jan 13

**Rice Bowl
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Wednesday, Jan 14

**Fiesta Bar
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Late Arrival

Thursday, Jan 15

**Spud Bowl
w/ WG Rolls
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Friday, Jan 16

**Chili
w/ Cinnamon Roll
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Available Daily

Choices May Include:

PBJ Pocket, Bagel Lunch
Yogurt Parfait, Bento Box
Variety Salads & Wraps

Garden Bar

Veggies offered may include:

Carrots, Broccoli, Celery,
Cauliflower, Cucumbers
Mixed Greens,
Corn & Bean Salsa

Fruit offered may include:

Peaches, Pears, Applesauce
Bananas, Apples, Oranges,
Strawberries

**Please try and take care of
negative account balances**



Tuesday, Jan 19

**NO
SCHOOL**

**MARTIN LUTHER
KING DAY**



Tuesday, Jan 20

**Pasta Bar
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Wednesday, Jan 21

**Fiesta Bar
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Late Arrival

Thursday, Jan 22

**Spud Bowl
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Harvest of the Month



Friday, Jan 23

NO SCHOOL

**Teacher
Work Day**



Monday, Jan 26

**Chicken Nuggets
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Tuesday, Jan 27

**Rice Bowl
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Wednesday, Jan 28

**Fiesta Bar
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

Late Arrival

Thursday, Jan 29

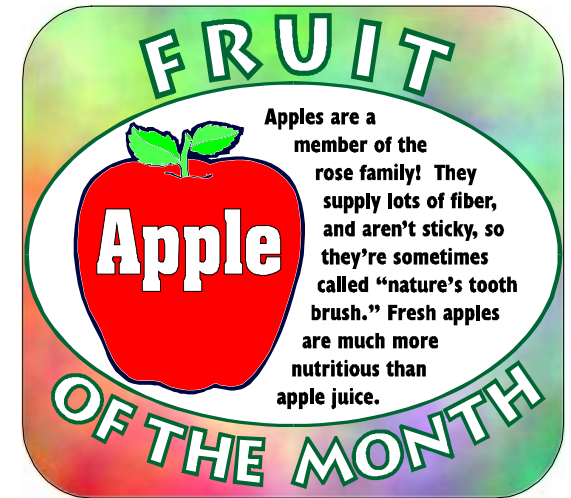
**Spud Bowl
Burger Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

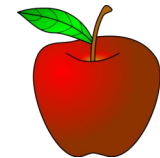
Friday, Jan 30

**Brunch Lunch
Pizza Bar
Sub Sandwich Bar**

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk



**Harvest of the Month
January 22**



ZingerBug.com

Menu subject to change.
This is an equal opportunity institution

