

# Did you Know?

- Applications for free or reduced can be filled out anytime during the school year if approved you may receive other benefits.
- Applications are available on our district website or in all school offices.
- Breakfast is served daily at all schools.
- www.mymealtime.com for online deposits for student's accounts if needing student's ID# call Nariene VanBeek (360)354-7579

#### Monday, Jan 5

#### Rice Bowl Pizza Bar **Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

#### Tuesday, Jan 6

#### Pasta Bar **Burger Bar Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

#### Wednesday, Jan 7

#### Fiesta Bar Pizza Bar **Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

Late Arrival

#### Thursday, Jan 8

#### Spud Bowl w/ WG Rolls **Burger Bar Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

#### Friday, Jan 9

# Pizza Bar

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

## **Hot Dogs Sub Sandwich Bar**

#### Monday, Jan 12

#### Rice Bowl Pizza Bar **Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

## Tuesday, Jan 13

#### Pasta Bar **Burger Bar Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

#### Wednesday, Jan 14

#### Fiesta Bar Pizza Bar **Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

Late Arrival

#### Thursday, Jan 15

#### Spud Bowl w/ WG Rolls Burger Bar **Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

### Friday, Jan 16

#### Chili w/ Cinnamon Roll Pizza Bar **Sub Sandwich Bar**

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

## **Choices May Include:**

PBJ Pocket, Bagel Lunch Yogurt Parfait, Bento Box Variety Salads & Wraps

#### **Garden Bar**

Veggies offered may include: Carrots, Broccoli, Celery, Cauliflower, Cucumbers Mixed Greens, Corn & Bean Salsa

#### Fruit offered may include:

Peaches, Pears, Applesauce Bananas, Apples, Oranges, Strawberries

## Please try and take care of negative account balances



#### Tuesday, Jan 19

NO SCHOOL

MARTIN LUTHER KING DAY



#### Pasta Bar Burger Bar Sub Sandwich Bar

Tuesday, Jan 20

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

#### Wednesday, Jan 21

#### Fiesta Bar Pizza Bar Sub Sandwich Bar

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

**Late Arrival** 

#### Thursday, Janu 22

#### Spud Bowl Burger Bar Sub Sandwich Bar

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

**Harvest of the Month** 

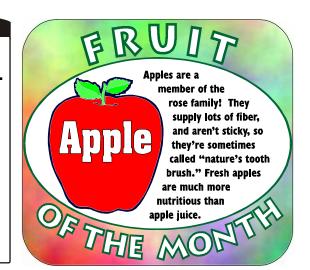


#### Friday, Jan 23

## **NO SCHOOL**

Teacher Work Day





#### Monday, Jan 26

#### Rice Bowl Pizza Bar Sub Sandwich Bar

Salads/Wraps
Fruit & Veggie Bar
1% White Milk
Non-Fat Choc Milk

#### Tuesday, Jan 27

#### Pasta Bar Burger Bar Sub Sandwich Bar

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

#### Wednesday, Jan 28

#### Fiesta Bar Pizza Bar Sub Sandwich Bar

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

**Late Arrival** 

#### Thursday, Jan 29

#### Spud Bowl Burger Bar Sub Sandwich Bar

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

#### Friday, Jan 30

#### Brunch Lunch Pizza Bar Sub Sandwich Bar

Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Choc Milk

## Harvest of the Month January 22





ZingerBug.com

Menu subject to change. This is an equal opportunity institution

