Policy: 5515P

## **Workforce Secondary Traumatic Stress**

## **Workforce Mental Health Committee**

The District will establish a Workforce Mental Health Committee. The District will seek committee members who have the interest and skills to best serve the committee. The District's Workforce Mental Health Committee will consist of at least one central office administrator, one building level administrator, the district's mental health coordinator or one school counselor, one representative from the Lynden Education Association, and one representative from a classified employee labor association.

The duties of the committee will include:

- Identify resources and supports available to staff members and maintaining a list through annual updates.
- Develop a communication plan for distributing available resources and supports to all employees.
- Provide a summary of the committee's activities annually to the superintendent.
  Include any recommended changes to aid in the implementation of Policy 5515 Workforce Secondary Traumatic Stress.