

# MIDDLE SCHOOL MENU

## 2024

### GARDEN BAR

Veggies offered may include: carrots, broccoli, cucumbers, cauliflower, celery, legumes and a variety of mixed greens.

Fruit offered may include: Apples, oranges, bananas, peaches, pears, strawberries, applesauce or pineapple



Due to shortages in our supply chain

**MENUS ARE SUBJECT TO CHANGE**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

**Friday, Nov 1**

Spider Waffle  
w/ egg, sausage & hashbrown  
Burger Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
N/F Chocolate Milk

Free & Reduced Applications can be submitted all school year.

Applications are available on the district website or in any school office.

If approved other benefits may be available besides free/reduced meals.



**Mon., Nov 4**

Chicken Nuggets  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
N/F Chocolate Milk

**Tues. Nov 5**

Rice Bowl  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
N/F Chocolate Milk



**Wed. Nov 6**

Fiesta Bar  
Burger Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

LATE ARRIVAL

**Thurs. Nov 7**

Spud Bowl  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
N/F Chocolate Milk

**Friday, Nov 8**

BBQ Riblet  
Sandwich  
Burger Bar  
Sub Sandwich bar

Garden Bar  
1% Skim Milk  
N/F Chocolate Milk

**MS**

Mon., Nov 11

NO SCHOOL  
VETERAN'S DAY



Tues., Nov 12

Pasta Bar  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

Wed., Nov 13

Fiesta Bar  
Burger Bar  
Corn Dog  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

LATE ARRIVAL

Thurs. Nov 14

Spud Bowl  
Pizza bar  
Sub Sand  
wich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

Friday, Nov 15

NO SCHOOL  
Professional  
Learning Day

### Sub Sandwich Bar Made To Order



Choice of the following on an  
assortment of  
Whole grain breads:

- Turkey/Ham
- Cheeses
- Lettuce
- Tomatoes
- Onions
- Peppers
- Olives
- Pickles
- cucumbers



Mon., Nov 18

Chicken Nuggets  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

Tues., Nov 19

Rice Bowl  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk



Wed., Nov 20

Fiesta Bar  
Burger Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

LATE ARRIVAL

Thurs. Nov 21

Turkey Gravy  
w/mashed potatoes  
Pizza bar  
Sub Sand  
wich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

Friday, Nov 22

Pulled Pork  
Sandwich  
Burger Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

Mon., Nov 25

Corn Dog  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

Tues., Nov 26

Pasta Bar  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

Wed., Nov 27

Ham & Cheese Sliders  
w/ Chips  
Pizza Bar  
Sub Sandwich Bar

Garden Bar  
1% Skim Milk  
Non-Fat Chocolate Milk

EARLY RELEASE  
TK-12

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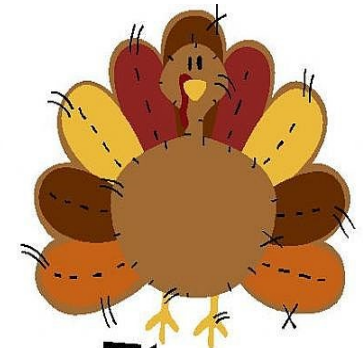
Thurs., Nov 28

NO SCHOOL  
THANKSGIVING  
BREAK



Friday, Nov 29

NO SCHOOL  
THANKSGIVING  
BREAK



# Happy Thanksgiving

MS