

# HIGH SCHOOL MENU

2024

# GARDEN BAR

Veggies offered may include: carrots, broccoli, cucumbers, cauliflower, celery, legumes and a variety of mixed greens.

Fruit offered may include: Apples, oranges, bananas, peaches, pears, strawberries, applesauce or pineapple

Free & Reduced Applications can be submitted all school year.

Applications are available on the district website or in any school office.

If approved other benefits may be available besides free/reduced meals.





Due to shortages in our supply chain

MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

#### Friday, Nov 1

Spider Waffle w/ egg, sausage & hashbrown Burger Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk N/F Chocolate Milk

#### Mon., Nov 4

Rice Bowl Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk N/F Chocolate Milk

#### Tues. Nov 5

Pasta Bar Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk N/F Chocolate Milk



#### Wed. Nov 6

Fiesta Bar Chicken Nuggets Burger Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

LATE ARRIVAL

#### Thurs. Nov 7

Spud Bowl Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk N/F Chocolate Milk

# Friday, Nov 8

BBQ Riblet Sandwich Burger Bar Sub Sandwich bar

Garden Bar 1% Skim Milk N/F Chocolate Milk

HS

#### Mon., Nov 11

NO SCHOOL VETERAN'S DAY



Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

Pasta Bar

Pizza Bar

Sub Sandwich Bar

#### Tues., Nov 12

Fiesta Bar Burger Bar Corn Dog Sub Sandwich Bar

Wed., Nov 13

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

LATE ARRIVAL

#### Thurs. Nov 14

Spud Bowl Pizza bar Sub Sand wich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

# Friday, Nov 15

NO SCHOOL

Professional Learning Day

# Sub Sandwich Bar Made To Order



Choice of the following on an assortment of Whole grain breads:

- Turkey/Ham
- Cheeses
- Lettuce
- Tomatoes
- Onions
- **Peppers**
- Olives
- **Pickles**
- cucumbers

# Mon., Nov 18

Rice Bowl Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

# Tues., Nov 19

Pasta Bar Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk



# Wed., Nov 20

Fiesta Bar Chicken Nuggets Burger Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

LATE ARRIVAL

#### Thurs. Nov 21

Turkey Gravy w/mashed potatoes Pizza bar Sub Sand wich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

#### Friday, Nov 22

Pulled Pork Sandwich Burger Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

# Mon., Nov 25

Rice Bowl Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk | Non-Fat Chocolate Milk

# Tues., Nov 26

Pasta Bar Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk

### Wed., Nov 27

Ham & Cheese Sliders w/ Chips Pizza Bar Sub Sandwich Bar

Garden Bar 1% Skim Milk Non-Fat Chocolate Milk

> EARLY RELEASE TK-12

# Thurs., Nov 28

NO SCHOOL **THANKSGIVING** BREAK



## Friday, Nov 29

NO SCHOOL THANKSGIVING BREAK



Happy Thanksgiving