

Elementary



Meals for Washington Students HB1238
All Elementary students can eat breakfast and lunch for FREE.
Ala Carte Milk is \$.50

Available Daily
Garden Bar
Vegetables offered may include: Carrots, Broccoli, Cucumbers, Cauliflower, Celery, Variety of mixed greens.
Fruit offered may include: Apples, Oranges, bananas, peaches, Pears, Strawberries, Applesauce, Pineapple, Grapes
WG = Whole Grain

Mon. Sept 30
Breakfast
WG Benefit Bar
WG Corn Dog
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Tuesday, Oct. 1
Breakfast
WG Frudel
Hamburgers
Tots/Fries
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Wednesday Oct. 2
Breakfast
WG Mini Cini
Nachos
Corn & Bean Salsa
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk
LATE ARRIVAL

Thursday, Oct. 3
Breakfast
WG Breakfast Bread
Ravioli
w/breadstick
Caesar Salad
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Friday, Oct. 4
Breakfast
WG Mini Waffles
WG Cheese Pizza
WG Pepperoni Pizza
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Monday, Oct. 7
WAIVER DAY
NO SCHOOL FOR STUDENTS

Tuesday, Oct. 8
Breakfast
WG Granola Bar
Chicken Nuggets
WG Grahams
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Wednesday, Oct. 9
Breakfast
WG Donut Bar
Blueberry Yogurt
Parfait w/ Granola
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk
LATE ARRIVAL

Thursday, Oct. 10
Breakfast
WG Breakfast Bread
Macaroni & Cheese
w/ WG cracker
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Friday, Oct. 11
Breakfast
WG Breakfast Cookie
WG Cheese Pizza
WG Pepperoni Pizza
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Menus will be subject to change without notice. Sorry for the inconvenience!



This institution is an equal opportunity provider.



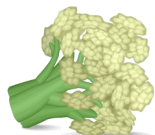
cwbepergalery.blogspot.com

## HARVEST OF THE MONTH

**Broccoli**



**Cauliflower**



**SERVED ON  
OCTOBER 24TH**

**Monday, Oct. 14**

**Breakfast**  
WG Asst. Cereal

**WG Corn Dog**

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

**Tuesday, Oct. 15**

**Breakfast**  
WG Muffin

**Chicken Burger**  
Fries/Tots

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

**Wednesday, Oct. 16**

**Breakfast**  
WG Cinnamon Roll

**Nachos**  
Corn & Bean Salsa

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

LATE ARRIVAL

**Thursday, Oct. 17**

**Breakfast**  
WG Breakfast Bread

**Drumstick &**  
Potato Wedges  
w/roll

Fruit & Veggie Bar  
1% Skim Milk  
N/F Chocolate Milk

**Friday, Oct. 18**

**Breakfast**  
WG Maple Bar

**WG Cheese Pizza**  
WG Pepperoni Pizza

Fruit & Veggie Bar  
Garbanzo Beans  
1% Skim Milk  
Not-Fat Chocolate Milk

**Monday, Oct. 21**

**Breakfast**  
WG Granola Bar

**Chicken Nuggets**  
Goldfish Crackers

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

**Tuesday, Oct. 22**

**Breakfast**  
WG Frudel

**WORLD SERIES**  
Homerun Hot Dog  
Slider Spuds  
Veggie Veggies  
Fun Fruit  
MOJO Milk



**Wednesday, Oct. 23**

**Breakfast**  
WG Donut Bar

**Soft Taco**  
Corn & Bean Salsa

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

LATE ARRIVAL

**Thursday, Oct. 24**

**Breakfast**  
WG Breakfast Bread

**Max Cheese Stick**  
w/ Marinara Sauce  
Broccoli/Cauliflower

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

Harvest of the Month

**Friday, Oct. 25**

**Breakfast**  
WG Breakfast Pizza

**WG Cheese Pizza**  
WG Pepperoni Pizza

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

**Monday, Oct. 28**

**Breakfast**  
WG Asst Cereal

**WG Corn Dog**

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk



**Tuesday, Oct. 29**

**Breakfast**  
WG Pancake on a  
Stick

**"Orange Day"**  
Orange Chicken  
w/ Rice  
Manadrin Oranges  
Oranges  
Carrots

1% Skim Milk  
Not-Fat Chocolate Milk

**Wednesday, Oct. 30**

**Breakfast**  
WG Mini Cini

**Burrito**  
Corn & Bean Salsa

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk

LATE ARRIVAL

**Thursday, Oct 31**

**Breakfast**  
WG Pumpkin Bread

**Spider Web Waffle**  
Egg/Sausage

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk



**Friday, Nov 1**

**Breakfast**  
Mix it up Breakfast

**WG Cheese Pizza**  
WG Pepperoni Pizza

Fruit & Veggie Bar  
1% Skim Milk  
Not-Fat Chocolate Milk