

WELCOME BACK TO SCHOOL

Lynden Elementary Menu September 2024

Meals For Washington Students

House Bill 1238

All elementary students eat breakfast and lunch at



NO CHARGE



LATE-START

Thursday, August 29

Breakfast

WG Granola Bar

Chicken Nuggets
WG Cracker

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Friday, AUGUST

Breakfast

WG Blueberry Muffin

WG Cheese Pizza
WG Pepperoni Pizza

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

MEAL APPLICATIONS

- ◆ A new application needs to be filled out every school year for families who qualify. This information will ensure the Meals for Washington will continue next year
- ◆ One application can be filled out for all children in your household.
- ◆ Please turn in ASAP to get your child qualified
- ◆ Applications are available at all school offices, district office or online. Please return to your child's school office.

Questions:
Call 360-354-7579

Fruits and Vegetables are available daily

Veggies offered may include:
Broccoli, Cauliflower, Carrots, Cucumbers, Celery and Mixed Greens, Legumes
Corn & Bean Salsa



Fruit offered may include:
Peaches, Pears, Apples, Oranges, Bananas, Applesauce, Strawberries, Blueberries
Applesauce

MENU SUBJECT TO CHANGE

This Institution is an equal opportunity provider and employer.



Tuesday, Sept 2

Breakfast
Asst WG Cereal

PBJ Pocket
Cracker/String Cheese

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Wednesday, Sept 3

Breakfast
WG Cinnamon Bun

Nachos

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Thursday, Sept 4

Breakfast
WG Breakfast Bread

Hot Dog
Fries/Tots

Fruit/Veggies
1% White Milk
N/F Chocolate Milk

Friday, Sept 5

Breakfast
WG Poptart

WG Cheese Pizza
WG Pepperoni Pizza

Fruit/Veggies
1% White Milk
N/F Chocolate Milk



Monday, Sept 9
Breakfast
 WG Benefit Bar

Chicken Nuggets
 WG Goldfish

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Tuesday, Sept 10
Breakfast
 WG Muffin

Cheeseburger
 Fries/Tots

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Wed., Sept 11
Breakfast
 WG Donut Bar

Taco Salad

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Thursday, Sept 12
Breakfast
 WG Breakfast Bread

Cheese Sticks
 w/marinera sauce

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Friday, Sept 13
Breakfast
 WG Breakfast Round

WG Cheese Pizza
 WG Pepperoni Pizza

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Monday, Sept 16
Breakfast
 WG Asst. Cereal

Corn Dog

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Tuesday, Sept 17
Breakfast
 WG Frudel

Chicken Burger
 Fries/Tots

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Wed., Sept 18
Breakfast
 WG Mini Cini

Burrito

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

LATE START

Thursday, Sept 19
Breakfast
 WG Breakfast Bread

Beef Dippers
 Smiles

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Friday, Sept 20
Breakfast
 WG Maple Bar

WG Cheese Pizza
 WG Pepperoni Pizza

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Monday, Sept 23
Breakfast
 WG Granola Bar

Chicken Nuggets
 WG Crackers

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Tuesday, Sept 24
Breakfast
 WG Muffin

Cheeseburger
 Fries/Tots

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

Wed, Sept 25
Breakfast
 WG Cinnamon Roll

Soft Taco

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

LATE START

Thursday, Sept 26
Breakfast
 WG Breakfast Bread

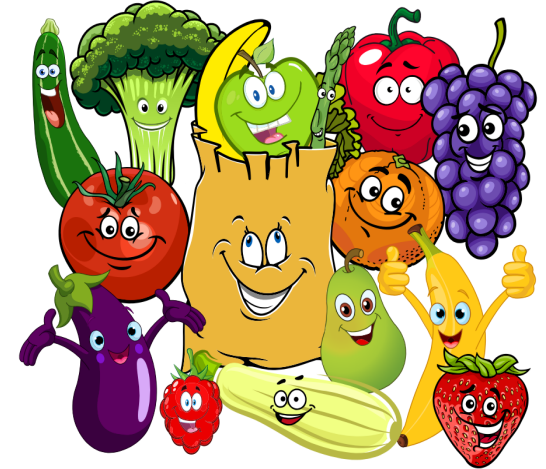
Brunch Lunch

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk

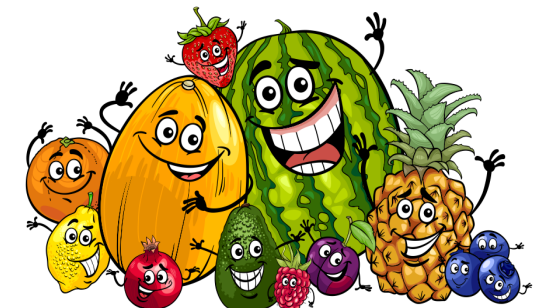
Friday, Sept 27
Breakfast
 WG Asst Cereal

WG Cheese Pizza
 WG Pepperoni Pizza

Fruit & Veggies
 1% Milk or
 Non-Fat Chocolate
 Milk



Try to eat a
RAINBOW
of different colors!



Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html