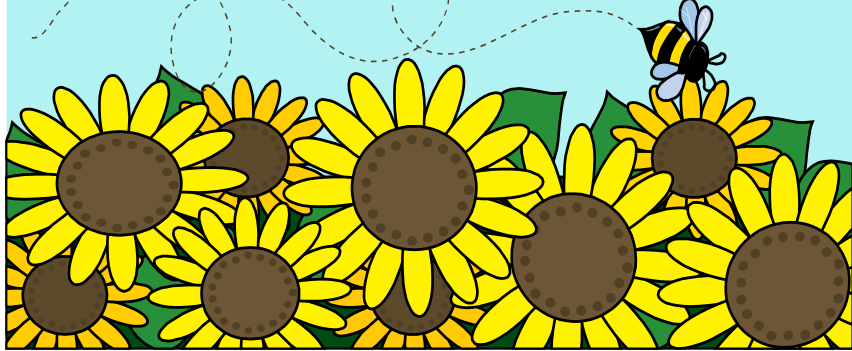


September 2024

Middle School Menu



BREAKFAST CHOICES MAY INCLUDE:

Granola Bar, Breakfast Round,
WG Muffin, WG Cinnamon Roll,
WG Donut Bar, WG Cereals

100% Juice/Fresh Fruit
1% white milk
Non fat Chocolate Milk

This Institution is an equal opportunity
provider and employer



MEAL APPLICATIONS

- ◆ A new application needs to be filled out each school year.
- ◆ One application per family.
- ◆ Please turn in ASAP to get your child qualified.
- ◆ Applications are available online, in any school office and District Office.
- Those approved may qualify for other benefits.

Questions:
Call 360-354-7579

Thursday, Aug. 29

Chicken Nuggets
Pizza Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Friday, Aug. 30

Pizza
Burger Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk



Veggies offered may include:
Broccoli, Cauliflower, Carrots,
Cucumbers, Celery and
Mixed Greens, Legumes



Fruit offered may include:
Peaches, Pears, Apples,
Oranges, Bananas, Applesauce,
Strawberries, Blueberries
Applesauce

Deli Choices:
Assorted Salads,
Assorted Wraps, Bagel Bag,
Bento Box, PBJ Bag
Yogurt Parfait

MENU SUBJECT TO CHANGE



No School

Tuesday, Sept. 3

Corn Dog
Pizza Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Wednesday, Sept. 4

Nachos
Burger Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Thursday, Sept. 5

Spud Bowl
Pizza Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Friday, Sept. 6

Fish n Chips
Burger Bar
Sub Sandwich Bar
Deli Choices

Fruit & Veggies
1% White Milk
Non-Fat Chocolate
Milk

Monday, Sept. 9

**Chicken Nuggets
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Tuesday, Sept. 10

**Rice Bowls
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., Sept. 11

**Fiesta Bar
Burger Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Thursday, Sept. 12

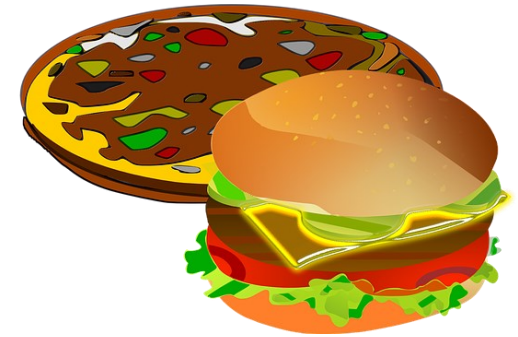
**Spud Bowl
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Friday, Sept. 13

**Hot Dog
Burger Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk



Monday, Sept. 16

**Corn Dogs
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Tuesday, Sept. 17

**Pasta Bar
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., Sept. 18

**Fiesta Bar
Burger Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk
LATE START

Thursday, Sept. 19

**Spud Bowl
Pizza Bar
Sub Sandwich Bar
Deli Choices**

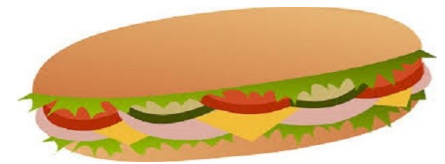
Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Friday, Sept. 20

**Brunch Lunch
Burger Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

**Sub Sandwich Bar
Made To Order**



**Choice of the following on a
whole grain hoagie:**

- Turkey/Ham/Pepperoni
- Cheeses
- Lettuce
- Tomatoes
- Onions
- Peppers
- Olives
- Pickles

Monday, Sept. 23

**Chicken Nuggets
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Tuesday, Sept. 24

**Rice Bowls
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., Sept. 25

**Fiesta Bar
Burger Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk
LATE START

Thursday, Sept. 26

**Spud Bowl
Pizza Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

Friday, Sept. 27

**Pulled Pork
Sandwich
Burger Bar
Sub Sandwich Bar
Deli Choices**

Fruit & Veggies Bar
1% White Milk
Non-Fat Chocolate Milk

