



Lynden Middle School

Please try to take care of any negative meal charges as soon as possible!
 Any questions contact
 Narlene Van Beek
 (360)-354-7579

Menu subject to change due to supply chain issues.

This is an equal opportunity employer.




May 3, 2023
 Thank your Lunch Lady Hero!

Mon, April 29
Corn Dog
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Deli Sandwich
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Tues, April 30
Rice Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Wed, May 1
Fiesta Bar
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk
LATE START

Thurs, May 2
Spud Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Friday, May 3
Fish Taco
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk




May 12, 2023

Mon, May 6
Chicken Nuggets
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Deli Sandwich
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Tues, May 7
Pasta Bar
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Wed, May 8
Fiesta Bar
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk
LATE START

Thurs, May 9
Spud Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Friday, May 10
Chicken Wings w/ Waffle Fries
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

AVAILABLE DAILY
Veggies offered may include:
 carrots, broccoli, celery
 cauliflower, mixed greens
 legumes
Fruit offered may include:
 peaches, pears, apples,
 bananas, pineapple, oranges
 strawberries, blueberries
 applesauce

Spring



DON'T 4GET!
 Take at least **ONE**
FRUIT or VEGGIE
 and at least **THREE** items total
 so your meal counts as a complete lunch!

Mon, May 13	Tues, May 14	Wed, May 15	Thurs, May 16	Friday, May 17
Corn Dog Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	Rice Bowl Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	Fiesta Bar Sub Sandwich Bar Burger Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk LATE START	Spud Bowl Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	NO SCHOOL WAIVER DAY
Mon, May 20	Tues, May 21	Wed, May 22	Thurs, May 23	Friday, May 24
WG Chicken Nuggets Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	Pasta Bar Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	Fiesta Bar Sub Sandwich Bar Burger Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk LATE START	Spud Bowl Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	Chili w/ Cornbread Sub Sandwich Bar Burger Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk
Mon, May 27	Tues, May 28	Wed, May 29	Thurs, May 30	Friday, May 31
 MEMORIAL DAY NO SCHOOL TODAY	Rice Bowl Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	Fiesta Bar Sub Sandwich Bar Burger Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk LATE START	Spud Bowl Sub Sandwich Bar Pizza Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk	Brunch Lunch Sub Sandwich Bar Burger Bar Salads/Wraps Fruit & Veggie Bar 1% White Milk Non-Fat Chocolate Milk