



Lynden High School

Please try to take care of any negative meal charges as soon as possible!
 Any questions contact
 Narlene Van Beek
 (360)-354-7579

Menu subject to change due to supply chain issues.

This is an equal opportunity employer.



May 3, 2023
 Thank your Lunch Lady Hero!

Mon, April 29

Rice Bowl
 Sub Sandwich Bar
 Pizza Bar
 Salads/Wraps
 Deli Sandwich
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Tues, April 30

Pasta Bar
 Sub Sandwich Bar
 Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Wed, May 1


Fiesta Bar
 Corn Dog
 Sub Sandwich Bar
 Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk
LATE START

Thurs, May 2

Spud Bowl
 Sub Sandwich Bar
 Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Friday, May 3

Fish Taco
 Sub Sandwich Bar
 Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk




May 12, 2023

Mon, May 6

Rice Bowl
 Sub Sandwich Bar
 Pizza Bar
 Salads/Wraps
 Deli Sandwich
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Tues, May 7

Pasta Bar
 Sub Sandwich Bar
 Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Wed, May 8

Fiesta Bar
 Chicken Nuggets
 Sub Sandwich Bar
 Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk
LATE START

Thurs, May 9

Spud Bowl
 Sub Sandwich Bar
 Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Friday, May 10

Chicken Wings w/ Waffle Fries
 Sub Sandwich Bar
 Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

AVAILABLE DAILY
Veggies offered may include:
 carrots, broccoli, celery
 cauliflower, mixed greens
 legumes
Fruit offered may include:
 peaches, pears, apples,
 bananas, pineapple, oranges
 strawberries, blueberries
 applesauce

Spring



DON'T 4GET!
 Take at least **ONE**
FRUIT or VEGGIE
 and at least **THREE** items total
 so your meal counts as a complete lunch!

Mon, May 13

Rice Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Tues, May 14

Pasta Bar
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Wed, May 15

Fiesta Bar
Corn Dog
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk
LATE START

Thurs, May 16

Spud Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Friday, May 17

NO SCHOOL

WAIVER DAY

Mon, May 20

Rice Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Tues, May 21

Pasta Bar
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Wed, May 22

Fiesta Bar
Chicken Nuggets
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk
LATE START

Thurs, May 23

Spud Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Friday, May 24

Chili w/ Cornbread
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Mon, May 27



MEMORIAL DAY
NO SCHOOL TODAY

Tues, May 28

Pasta Bar
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Wed, May 29

Fiesta Bar
Corn Dog
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk
LATE START

Thurs, May 30

Spud Bowl
Sub Sandwich Bar
Pizza Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk

Friday, May 31

Brunch Lunch
Sub Sandwich Bar
Burger Bar
 Salads/Wraps
 Fruit & Veggie Bar
 1% White Milk
 Non-Fat Chocolate Milk