



MIDDLE SCHOOL MENU 2022

Due to shortages in our supply chain

MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

GARDEN BAR

Veggies offered may include: carrots, broccoli, cucumbers, cauliflower, celery, legumes and a variety of mixed greens.

Fruit offered may include: Apples, oranges, bananas, peaches, pears, strawberries, applesauce or pineapple

Free & Reduced Applications can be submitted all school year.

Applications are available on the district website or in any school office.

If approved other benefits may be available besides free/reduced meals.



Monday, October 31

Corn Dog
Pizza Bar
Sub Sandwich bar

Garden Bar
1% Skim Milk
N/F Chocolate Milk

Tuesday, November 1

Ravioli
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
N/F Chocolate Milk



Wednesday, November 2

Fiesta Bar
Burger Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, November 3

Spud Bowl
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
N/F Chocolate Milk

Friday, November 4

Pulled Pork
Sandwich
Burger Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
N/F Chocolate Milk

Monday, November 7

Chicken Nuggets
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
N/F Chocolate Milk

Tuesday, November 8

Rice Bowl
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
N/F Chocolate Milk

Wednesday, November 9

Fiesta Bar
Burger Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, November 10

NO SCHOOL

TEACHERS
WORK
DAY

Friday, November 11

NO SCHOOL

VETERANS'
DAY



MS

Monday, November 14

Corn Dog
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Tuesday, November 15

Pasta Bowl
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Wednesday, November 16

Fiesta Bar
Burger Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, November 17

Spud Bowl
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Friday, November 18

BBQ Riblet
Sandwich
Burger Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Monday, November 21

Chicken Nuggets
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Tuesday, November 22

Rice Bowl
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Wednesday, November 23

WG Cheese Pizza
WG Pepperoni Pizza

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

EARLY RELEASE
TK-12

Thursday, November 24

NO SCHOOL
THANKSGIVING
BREAK



Friday, November 25

NO SCHOOL
THANKSGIVING
BREAK

Monday, November 28

Corn Dog
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Tuesday, November 29

Pasta Bar
Pizza Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

Wednesday, November 30

Fiesta Bar
Burger Bar
Sub Sandwich Bar

Garden Bar
1% Skim Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Sub Sandwich Bar Made To Order



Choice of the following on an
assortment of
Whole grain breads:

- Turkey/Ham
- Cheeses
- Lettuce
- Tomatoes
- Onions
- Peppers
- Olives
- Pickles
- cucumbers



Available Daily Deli Choices:

- Assorted Salads
- Assorted Wraps
- Bagel Lunch
- Protein Pack
- Yogurt Parfait



Happy Thanksgiving