

LYNDEN MIDDLE SCHOOL

Elective Registration for Incoming 7th graders 2026-2027

Student Name (First, & Last): _____

Language Arts Teacher (Last): _____

Student ID# (7-digit number): _____

Elective Registration*: (Place a check mark for Option A or Option B below)

Option A: Band



Trimester 1	Trimester 2	Trimester 3
Band	Band	Band
PE	Health	Elective

Please rank your first 4 choices using the numbers 1-4 for your elective option.

___ Art ___ Choir ___ Woodshop ___ Drama ___ General Music ___ STEAM

Option B:

Trimester 1	Trimester 2	Trimester 3
PE	Health	PE
Elective	Elective	Elective

Please rank your first 6 choices using the numbers 1-6 for your 3 elective options.

___ Art ___ Choir ___ Woodshop ___ Drama ___ General Music ___ STEAM

Are you interested in being a Classroom or Office TA? Or interested in a Digital Media class? Or in joining AVID? Please see your counselor for an application.

If you have scheduling questions, please reach out to your child's counselor or registrar.

Last Names A-L: Jack Hallmark hallmarkj@lynden.wednet.edu

Last Names M-Z: Coral Bartlett bartlettc@lynden.wednet.edu

Registrar: Shelli Joss josssh@lynden.wednet.edu

*Elective placement is based on availability and class size. We will do the best we can to place you in your selected options. See reverse side for elective descriptions.

2026-2027 COURSE DESCRIPTIONS FOR INCOMING 7TH GRADERS

ART: During this class, students will learn about the Elements of Art and the Principles of Design through a variety of different media and processes. Students will practice using the 8 Studio Habits of Mind through the creation of Wonderful, Original, Works of Art (WOW Projects).

BAND: Band is a year-long class and continues the skills learned in 6th grade, so a year of band is required (extenuating circumstances will be considered). Students will perform in 3 required evening concerts, the LMS Solo & Ensemble (where students play solos or in small groups for a judge), school assemblies, a LHS pep band game, a local band festival/competition and parades in the spring.

CHOIR: 7th grade choir are currently offered as trimester opportunities only. We are an ensemble with a mission to share our learning with our school and community. As we learn to make music together, we will build a classroom culture where we feel safe to share our skills, where we learn to support each other as we acquire new skills, and where we build our self-confidence for when it's time to share our music with an audience. Choir also offers opportunities to develop life lessons such as perseverance and leadership skills. We will do this while we sing a variety of styles, play games, do team activities, and occasionally use computer tools. By the end of the term, we will not only have become more confident and skilled singers, but we will also have learned about music history, music notation, and how to sight sing. Our mission as singers is to share our songs, therefore participation in 1 concert performances outside of regular class hours is required. Participation in school-wide assemblies and/or a community outing is expected. Prior experience in the 6th grade choir is helpful, but not required.

DIGITAL MEDIA: Digital Media is focused on two main projects – the creation of the LMS yearbook and production of daily morning announcements. Throughout the year, students will use cameras, microphones, and editing programs in order to create digital media that is shared with the entire school. If you are interested in photography, graphic design, acting, directing and/or video editing, and you can handle working with a team to complete projects with firm deadlines, this could be a great class for you!

DRAMA: Fine & Performing Arts (otherwise known as drama class) is a 1-trimester class where we use games, improv, activities and skits to explore and develop voice, character and movement skills. By the end of the trimester, students will be able to use their voices efficiently to be heard throughout a performance space, use body language and stage business to plan and play a believable character, and to understand and follow stage directions as well as follow the rules for a view-from-the-front type of theater. Performance is a basic expectation for the class. All “shows” take place during class, with classmates as the audience. There are no outside-the-day performances.

GENERAL MUSIC: General Music is a 1-trimester class where we explore the elements of music through a series of projects that include guided listening, songwriting, and playing instruments such as bucket drums, ukuleles and recorders. Sharing what we learn is a basic expectation for a music class. Performances will take place during class with fellow students as an audience and/or via video recording. Opportunities can be arranged for students who wish to share their learning beyond the classroom.

HEALTH: Health class covers topics exploring social and emotional health including communication and relationships, safety, and consent, and coping with anxiety and depression. We also learn about physical health including the dangers of vaping, alcohol, and marijuana, nutrition, puberty, and the endocrine and reproductive system.

STEAM: STEAM is an approach to learning and development that integrates the areas of science, technology, engineering, the arts, and mathematics. STEAM focuses on developing higher level thinking skills by connecting classroom learning to the real world. STEAM emphasizes collaboration, communication, research, problem solving, critical thinking, and creativity through project-based learning using the problem-solving process.

WOODSHOP: In Woodshop class, you get to build projects out of wood using tools and machines. You will learn about shop safety, drafting plans, building and construction. These are skills you will use for the rest of your lives. Don't miss out on this fun opportunity!

PHYSICAL EDUCATION: Our goal is to provide students with the opportunity to improve their overall fitness while participating in a wide variety of activities, both team and individual. You will learn how to set personal fitness goals and to improve your overall health. Our goal is for students to experience how to work as a team and individually, with respect and good sportsmanship. Students will earn a letter grade based on their participation, not on athletic talent or ability.

AVID: AVID stands for Advancement Via Individual Determination. It's a college readiness program designed to help students develop the skills they need to be successful in higher education. AVID targets students who have the potential to succeed in college but may need extra support to reach their goals. The program provides academic instruction, support, and mentoring to help students improve their study skills, critical thinking abilities, and organizational techniques. AVID emphasizes writing, inquiry, collaboration, and reading as essential skills for college readiness. Through AVID, students also receive guidance on navigating the college application process and financial aid opportunities. Overall, AVID aims to empower students to achieve academic excellence and prepare them for success in college and beyond