



SEASON 1: 8/28-10/20

- Girls Fastpitch
- Cross Country
- Boys Soccer
- Football 8/28-10/25

SEASON 2:

- Girls Basketball
10/23-12/8
- Boys Basketball
11/27-1/26

SEASON 3: 1/29-3/15

- Girls Volleyball
- Boys & Girls
Wrestling

SEASON 4:

- Track 3/18-5/10
- Boys Baseball 4/8-5/24
- Girls Soccer 4/8-5/24

IN ORDER TO BE ELIGIBLE TO PARTICIPATE ON THE FIRST DAY OF PRACTICE:

- 1) Register on our FINAL FORMS website
<https://lynden-wa.finalforms.com/>

Once you have selected the sports you are interested in playing you will automatically join the email list and receive important information about the first day of practice when it comes time to start. **Both a parent/guardian AND the student-athlete need to sign all the appropriate forms for this to be complete.**

- 2) Turn in a SPORTS PHYSICAL. Email a copy to baark@lynden.wednet.edu, turn in a paper copy to the office, OR upload on your Final Forms account. Sports physicals are good for 2 years.
- 3) Purchase a \$25 ASB CARD. Online @ wa-lynden.intouchrecepting.com/, during Student Prep Day, or in the LMS office between 7:00am-3:30pm during the school year.
- 4) Pay all FINES on your account. If you have a fine on your account it will be posted online @ wa-lynden.intouchrecepting.com/ and can be paid there or in the office.

If you have any questions please email baark@lynden.wednet.edu or call the office.