

Lynden School District
 Meeting: Health Standards Committee
 Date: 1/9/2017 Time: 3:30-5:00 pm
 LHS Library

Theory of Action:
It is our belief that strengthening the instructional core by:

- Supporting and strengthening educators' knowledge and skills through collaborative adult learning
- Developing classroom environments that are highly engaging to our students
- Providing academically challenging standards based curriculum

Our students will be college, career, and citizenship ready when they graduate.

Purpose of the Meeting:
 Review updated Washington State Health and PE standards and provide input on decisions to address the Health standards

Community Members:
 Monica Bedlington, Aimee Cantrelle, Suzie Cartagena, Kim Howell, Sarah Stewart

Lynden School District Members:
 Stacey Anderson, Coral Bartlett, Elizabeth Hamming, Shirley Lee, Laura Lupo, Tiffany Sahagian, Erin Shaffer

Recorder: Sarah Heeringa

Topic	Activity/Notes
Overview of a comprehensive curriculum	<p>The Children's Health Market – "The Great Body Shop" Representative visited the committee meeting and presented the comprehensive curriculum The Great Body Shop (K-6 and Middle School)</p> <p>Traditionally health education has been taught categorically. <i>The Great Body Shop</i> curriculum is designed as thematic approach. The cornerstone of the program – and the first lesson taught at any grade level – is about critical thinking. It is designed specifically for children and their families with a focus on increasing the connection between parents/children, and recognizing that parents are the primary teachers of health issues. Some of the components of the curriculum include:</p> <ul style="list-style-type: none"> - Newsletter - Teachers use the newsletter in conjunction with a once a week lesson. At the end of the unit of instruction, students take home their newsletter to their family with medically accurate and developmentally appropriate information. The family bulletin outlines the focus of the four lessons that occur in the classroom and gives parents additional reading and references. - Program Guide – By grade level, the program guide is the title of a 10 topic strand and are also the focus of the National Health Education Standards, the National Sexuality Education Standards, and the Washington Health Education Standards. The entire program is based on skill development. There are 10 topics at the elementary level and 9 topics at the middle school level. <ul style="list-style-type: none"> o The middle school program guide is not sectioned by grade, like the elementary guide, but by levels to better align with the objectives of the local school district. Priority topics are reserved for the 2nd half of the year. Teachers and counselors need to develop a repertoire with students prior to covering these topics. - Teacher's Guide – Cross curriculum and common core chart allows teachers to look at specific standards. Each lesson has four parts: 1) What do we know? 2) What do we need to learn? 3) What did we learn? 4) What helped us learn? <ul style="list-style-type: none"> o Elementary Level <ul style="list-style-type: none"> ▪ Reinforces critical thinking skills (strategies used and methods used), over time students begin to formulate their own sense of their learning style. ▪ A script is provided to provide language for teachers who may need help on what exactly to say when teaching a particular topic. ▪ Reinforcement activities are available to expand the learning through another content area. ▪ Numerous examples of performance assessments. It's not about knowledge, but whether or not the student can perform the life skill.

	<ul style="list-style-type: none"> ○ Middle School Level <ul style="list-style-type: none"> ▪ Family Bulletins go home and let parents know exactly what is being taught. ▪ Family Connections can be brought home by students with guided notes to gather information from parent(s) and bring it back to school. <p>The curriculum meets NIMAS Standards, Spanish Materials are available, it strives to be multicultural and for diverse learners. Characters and scenarios within the curriculum are designed to be all inclusive and represent accurate cultural norms and diverse family structures. All resources are available digitally with a public website.</p>
JAN 23 MTG	<p>Agenda for January 23rd meeting:</p> <ul style="list-style-type: none"> • Review Healthy Youth Survey Results Whatcom County • HECAT Rubric • Review prioritized standards document • Discuss adoption process, recommendations for parent representatives, Instructional Materials Committee review, and School Board approval process • Review of current HIV Materials • Closure of Committee

Parking Lot Items:

Next Meeting:

January 23, 2017