

Lynden School District
 Meeting: Health Adoption Committee
 Date: 4/10/2017 Time: 3:30-5:00 pm
 LHS Library

Theory of Action:
It is our belief that strengthening the instructional core by:

- Supporting and strengthening educators' knowledge and skills through collaborative adult learning
- Developing classroom environments that are highly engaging to our students
- Providing academically challenging standards based curriculum

Our students will be college, career, and citizenship ready when they graduate.

Purpose of the Meeting:
The Great Body Shop presentation

Community Members:
 Sandra Bennett, Suzie Cartagena, Daryl Groves, Naomi Jenkins, Amy Ohligschlager, Sarah Stewart, Jamie Williams

Lynden School District Members:
 Stacey Anderson, Coral Bartlett, Liz Grant, Elizabeth Hamming, Laura Lupo, Tiffany Sahagian, Kathy VanderVeen

Recorder: Sarah Heeringa

Topic	Activity/Notes
	<p>Curriculum Representative from The Children's Health Market presented The Great Body Shop. Highlights from the presenter:</p> <ul style="list-style-type: none"> ○ Program is aligned to state and federal health standards. ○ Reviewed the K-6 Program Guide and grade level objectives. The cornerstone of the entire program is focusing on developing skills. These skills are addressed through graphic organizers on the following concepts: (1) critical thinking, (2) consequences, (3) decision-making, and (4) goal setting. ○ The K-6 program is comprehensive and lessons are designed to be taught once a week, four lessons a month, and at the end students take home their student guide outlining all of the objectives addressed throughout the four lessons. ○ Teacher Guides have a chart that displays connection with the common core. ○ Middle School curriculum offers flexible formatting, there are three lessons for each strand. The lessons are performance tasks that can be as simple or as complex – i.e. a poster or stretch it out over a week. Becoming a life-long learner is the first strand, also hits the career ready piece. Focuses on exploring future career. Level 1 and 2 is a heavy focus on critical thinking and communication skills as a precursor to working in groups for the rest of the year. It's designed specifically to change behavior. Homework connection with every single lesson – students bring back homework to the class to show they've had conversations at home. ○ The curriculum offers Universal access: <ul style="list-style-type: none"> - Meets NIMAS Standards - Spanish Materials, and other languages are available - Inclusive - Multicultural – they are characters with bios, for example K is introduced to the character at K, and the character grows with the student. Also have pooled focus groups to have authentic multicultural representation. - Diverse Learners

Parking Lot Items:

Next Meeting:

April 24, 2017