

Lynden School District
 Meeting: Health Standards Committee
 Date: 1/23/2017 Time: 3:30-5:00 pm
 LHS Library

Theory of Action: <i>It is our belief that strengthening the instructional core by:</i> <ul style="list-style-type: none"> ▪ Supporting and strengthening educators' knowledge and skills through collaborative adult learning ▪ Developing classroom environments that are highly engaging to our students ▪ Providing academically challenging standards based curriculum <i>Our students will be college, career, and citizenship ready when they graduate.</i>	
Purpose of the Meeting: Review updated Washington State Health and PE standards and provide input on decisions to address the Health standards	
Community Members: Monica Bedlington, Suzie Cartagena	
Lynden School District Members: Stacey Anderson, Coral Bartlett, Liz Grant, Elizabeth Hamming, Shirley Lee, Tiffany Sahagian	
Recorder: Sarah Heeringa	
Topic	Activity/Notes
Review Health Youth Survey Results	<p>Committee members reviewed Healthy Youth Survey Results for both Whatcom County and Lynden School District. Specifically, committee reviewed results regarding <i>Depressive Feelings, Anxiety and Suicide</i> and <i>Bullying and Harassment</i>.</p> <ul style="list-style-type: none"> • Initial observations is there is a lot of feelings of stress/nervousness, and inability to stop/control worrying. There also appears to be an increase in students who feel like they don't have an adult they can seek out when feeling sad or helpless. • Potential areas to address: strategies and tools to cope with stress, using and responding to social media responsible.
HECAT Rubric	Committee members briefly reviewed the HECAT rubric for health curriculum. Each section begins with a one-page checklist and summary. During the adoption process, adoption committee members will use the HECAT checklist to look at the items that the Health Standards Committee noted as priority, as well as items identified as a resource for school counselors.
HIV Aids Video	<p>Committee reviewed current HIV/Aids Video.</p> <p>Send invite out once subscription Redefining positive would be a good one to view.</p>

Parking Lot:

Find a date to review two other potential HIV/Aids video.

Next Meeting:

January 24, 2017 is the conclusion of the Health Standards Committee